

PK LB Limburg: Session: 3: COACH evaluation sheet for TEAM: ZCM

Coachinfo: Warming up from: 07:45 until 08:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 100M BUTTERFLY MEN 13+ Heat:2, starttime: 08:32

Heat: 2/8 Lane : 4 Athlete: DRIJKONINGEN RUBE Q-time: 01:18:43

PB (50m pool): 01:18.43 Mol 22/06/2025 PB (25m pool): 01:13.82 SB: no time

	50 M	100 M	
PB	00:32.94	01:18.43	
	00:32.94	00:45.49	
	

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12 Heat:3, starttime: 09:08

Heat: 3/5 Lane : 7 Athlete: ZEEUW MAX Q-time: 00:49:26

PB (50m pool): 00:49.26 Antwerp 02/02/2025 PB (25m pool): 00:47.01 SB: no time

	50 M	
PB	00:49.26	
	00:49.26	
	

Coach feedback:

Event number: 24: 200M BACKSTROKE MEN 13+ Heat:1, starttime: 09:31

Heat: 1/5 Lane : 3 Athlete: JANSSEN DRIES Q-time: 03:20:83

PB (50m pool): 03:20.83 SportinGenk Park 01/03/2025 PB (25m pool): 03:01.95 SB: no time

	50 M	100 M	150 M	200 M	
PB	no time	01:42.04	no time	03:20.83	
	no time				
	

Coach feedback:

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Event number: 24: 200M BACKSTROKE MEN 13+					Heat:3, starttime: 09:40
Heat: 3/5 Lane : 6 Athlete: SCHOofs TUUR					Q-time: 02:39:46
PB (50m pool): no time			PB (25m pool): 02:39.46 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12			Heat:2, starttime: 10:08		
Heat: 2/5 Lane : 4 Athlete: ZEEUW MAX			Q-time: 01:23:28		
PB (50m pool): 01:23.28 SportinGenk Park 11/11/2025		PB (25m pool): 01:20.13 SB: 01:23.28 SportinGenk Park 11/11/2025			
	5 0 M	1 0 0 M			
PB	no time	01:23.28			
	<i>no time</i>				
			

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+					Heat:1, starttime: 10:16
Heat: 1/10 Lane : 2 Athlete: OLAERTS TESS					Q-time: 03:07:29
PB (50m pool): no time			PB (25m pool): 03:07.29 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+					Heat:1, starttime: 10:16
Heat: 1/10 Lane : 6 Athlete: COOLEN HANNELORE					Q-time: 03:05:43
PB (50m pool): no time			PB (25m pool): 03:05.43 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

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Event number: 27: 200M FREESTYLE MEN 13+				Heat:1, starttime: 10:48	
Heat: 1/9 Lane : 3 Athlete: JANSSEN DRIES				Q-time: 03:01:49	
PB (50m pool): 03:01.49 SportinGenk Park 01/03/2025			PB (25m pool): 02:51.36 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:29.81	no time	03:01.49	
	<i>no time</i>				
	

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+				Heat:2, starttime: 10:52	
Heat: 2/9 Lane : 6 Athlete: PEETERS JOCHEN				Q-time: 02:52:66	
PB (50m pool): no time			PB (25m pool): 02:52.66 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+				Heat:3, starttime: 10:55	
Heat: 3/9 Lane : 3 Athlete: TERWINGEN NIYO				Q-time: 02:30:47	
PB (50m pool): no time			PB (25m pool): 02:30.47 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+				Heat:3, starttime: 10:55	
Heat: 3/9 Lane : 4 Athlete: DRIJKONINGEN RUBE				Q-time: 02:28:86	
PB (50m pool): 02:28.86 SportinGenk Park 01/03/2025			PB (25m pool): 02:17.91 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:09.18	no time	02:28.86	
	<i>no time</i>				
	

Coach feedback:

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Event number: 27: 200M FREESTYLE MEN 13+				Heat:4, starttime: 10:58	
Heat: 4/9 Lane : 3 Athlete: SCHOofs TUUR				Q-time: 02:22:84	
PB (50m pool): no time		PB (25m pool): 02:22.84 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+				Heat:4, starttime: 10:58	
Heat: 4/9 Lane : 7 Athlete: CROMMEN WOUT				Q-time: 02:27:31	
PB (50m pool): no time		PB (25m pool): 02:27.31 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback: